

**DISTRICT 28AAA CROSS COUNTRY RULES
2017-2018**

1. Cross Country rules will adhere to National Federation Cross Country handbook and UIL handbook.
2. Each participating school will provide 2 workers. Participating schools may also be requested to furnish helpers as need is determined by Contest Director.
3. Medals will be ordered from the same source as the Spring Meet awards are ordered.
4. Certification date is Saturday, October 14, 2017.

5. **Varsity & Jr. Varsity**

Host School: Palacios
Director Jeff Doege
Site: Palacios Marine Center, Palacios, Texas
Date: Monday, October 9, 2017
Time: As determined by host school.

Junior High

Director Jeff Doege
Site: Palacios Marine Center, Palacios, Texas
Date: Monday, October 9, 2017
Time: After school...specific time TBA

6. Coaches will exchange schedules prior to the season starting.

**Drafted 05/08/2017
Approved 07/27/2017**