

Local School Wellness Policies

- I. Effective August 1, 2004, all Texas public schools participating in the federal child nutrition programs were required to have a Local Wellness Policy in place. With the Healthy Hunger-Free Kids Act of 2010, the requirements have been strengthened and additional requirements have been added. Boling I.S.D.'s Wellness Policy addresses all requirements for the Local Wellness Policy.

School Health Advisory Councils (SHAC)

- II. The school district and its campuses will create, strengthen, and/or work within the existing school health advisory council to assist and provide input in developing, implementing, monitoring, reviewing, and as necessary, revising school nutrition and physical activity policies. The council consists of a group of individuals representing the school and community and should include parents, students, and representatives of the school food authority, member(s) of the school board, school administrators, teachers (including physical education teachers), health professionals, and members of the public. Interested people are encouraged to contact BISD Central Office at 979-657-2770. The members serve as resources for implementing these policies. The SHAC also addresses health services, healthy and safe school environment, counseling and mental health services, staff wellness promotion, parent and community involvement, health education, nutrition services, and physical education.

Healthy, Hunger-Free Kids Act of 2010 Requirements-Nutritional Quality of Foods and Beverages Sold and Served on Campus

- III. The requirements of the Healthy, Hunger-Free Kids Act of 2010 are available at www.fns.usda.gov. All vending machines at Boling ISD meet the Nutrition Guidelines set by the USDA. The high school is allowed to stock vending machines on campus with diet and low calorie drinks according to these Nutrition Guidelines.

Informing and Updating the Public

- A. Boling I.S.D.'s Wellness Policy will be posted on the BISD website at www.bolingisd.net under Policies and Resources then Health and Safety Policies.
- B. Boling I.S.D.'s Wellness Policy will be available in principals' offices for those who desire a paper copy. Emails & texts will be used to communicate with Stakeholders.
- C. The annual assessment information be presented in the formal SHAC annual report which usually occurs in the May or June board meeting.
- D. Monitoring Assessing the Boling I.S.D. Wellness Policy
 - i. The Superintendent will be responsible for monitoring Boling ISD's Wellness Policy with input from others.
 - ii. The SHAC (School Health Advisory Council) and other interested people such as individuals representing the school, community, parents, students, representatives of the school food authority, member(s) of the school board, school administrators, teachers (including physical education teachers), health professionals, and members of the public

will at least annually assess the Boling I.S.D. Wellness Policy to measure the extent to which campuses are in compliance with the Policy.

- iii. The SHAC will measure the extent of the progress made in attaining the goals of the Local Wellness Plan.

The assessment information will be made available to the public