

BOLING ISD

STUDENT-PARENT

ATHLETIC

HANDBOOK

2018-2019

I. Individual Conduct and Behavior

- A. **Use of profanity** will not be tolerated.
- B. **Stealing** will not be tolerated and athletes will be dismissed from the athletic program.
- C. **Alcohol or drugs** Athletes caught either using or in possession of alcohol / drugs will be suspended from athletics. Length of suspension will be determined by the Athletic Director and will accompany school policy.
- D. **Respect** for adults, teachers, administrators, officials, and coaches will be mandatory.
- E. **Boling ISD** athletes represent the values of our community and will not bring disrespect to it.
- F. Boling athletes will be **on time** to all classes, practices, trips and any other scheduled event unless they have received special permission from a coach.
- G. **When student athletes have discipline problems in the class they will not only face disciplinary action by the administration but also by the athletic department.** We are expected to be role models in class. Frequent grade checks will be made by the coaching staff to ensure all athletes are meeting academic and behavior standards.
- H. All athletes will conform to the Boling ISD **dress code**. In addition athletes have the following additions to their dress code:
 - i. Nothing considered to be a distraction should be done to your body.
 - ii. All athletes will dress out in Boling ISD athletic clothes during any practice. If an athlete is injured or ill and capable of dressing out, they will be required to do so.
 - iii. The exception will be that athletes may wear their gear after the athletic period if they are to return to practice or are leaving for a school related athletic event.
 - iv. All athletes will wear issued uniforms in athletic events. Athletes will wear their uniform in the same manner. **We are a team!**
 - v. At the completion of the season or year, all equipment must be turned in. Any articles not turned in will be charged to the student athlete.
 - vi. All students must return all equipment issued to them before they may participate in another sport. If equipment is lost, it must be paid for prior to starting another sport.
- I. Initial Entry into Athletics & Athletic Period Enrollment
 - i. To gain initial entry into athletics at BISD, all prospective athletes must:
 - 1. Have head coach and/or coordinator signature and approved to school counselor.
 - 2. Have a current physical exam on file with the school athletic department.
 - 3. Have all forms completed and turned in prior to participation during the athletic period.
 - 4. May not have served any of their previous school year in an alternative classroom.
 - ii. All junior high athletes must be enrolled in the athletic period to be able to participate in athletics. Any possible exceptions will only be granted only by the junior high coordinator(s) and approved by either athletic director or the Women's coordinator. To be able to compete in any sport the athlete must participate in the prior semester's offseason athletic period, unless they are a

move-in or unusual circumstances that must be approved by the Junior Coordinator.

- iii. High school students participating in ANY SPORT must be enrolled in the athletic period all year. To be able to compete in any sport the athlete must participate in the prior semester's offseason athletic period, unless they are a move-in or unusual circumstances that must be approved by the athletic director and/or women's coordinator. Golf and tennis-only participants are the exception. These exceptions will be granted and approved by the women's athletic coordinator and the athletic director.

- iv. Football & Volleyball Seniors – After the fall season and fall semester, if you do not participate in a winter or spring sport, you will be obligated to move out of the athletic period at the end of the first semester. No exceptions.

J. Missed Offseason Workout, Practice, or Contest

- i. If an athlete is going to miss an offseason workout, practice, or contest that athlete or their parent (not a friend) must notify their head coach or positional coach before that practice.
- ii. No punishment will be given upon return to any athlete that misses offseason workouts, practices, or games due to illness or serious illness or death in the family. However, make-up workout will be done upon return. Failure to call in ahead of time, missing offseason workouts or practices for non-illness related reasons, and any other issues where the athlete did not make a conscious effort to attend or to call in ahead of time will result in punishment.
- iii. Missing a Contest for any other reason besides illness, family illness, or family death will result in possible suspension from the sport and from athletics in general. This will be handled case by case by the head coach and athletic director or women's coordinator. We expect our athletes to make a commitment to their sport and not miss offseason workouts, practice, or contests for reasons where absences can be avoided. This includes possible contests during Thanksgiving, Christmas and Spring Break holidays.

Dismissal/ Quitting Policy

An athlete will have 10 days (2 weeks) beginning with the first practice to determine whether or not they wish to commit to the sport. If an athlete chooses to quit the sport during the 10 day period, the parent must be informed by the Head Coach of that sport and the student will be dismissed with no penalty.

Dismissal / Quitting Policy Commitment is the backbone to a highly successful athletic program. As the coaching staff and administration at BISD, we encourage athletes to “finish what you started”. Perseverance leads to long term success in life. Quitting is a habit, so we strongly encourage an athlete to never start that practice. Habitual quitting will not be a problem in Boling ISD athletics because of the following:

- 1) Athletes are respected by peers, teammates, coaches, administration, and community.
- 2) The punishment phase and length of suspension is fairly severe.
- 3) Success breeds success. People want to be part of a winner.

Upon deciding to quit, any athlete will be given a 24 hour grace period, or “cooling off” period. At that time (or before then), the athlete will make a rational decision as to whether he/she still wants to quit. If still wishing to quit, the athlete must completely fill out a Boling ISD Athletic Quit Form, have it signed by their parent(s) and themselves, hand it back to their head coach or athletic coordinator. Once the paperwork is turned in and signed by all parties, the athlete is not eligible for sport-specific practices or contests for 60 SCHOOL DAYS. Failure to fill out a quit form properly will forfeit the athlete from participating in sports in the future.

Compromise “Quit” Rule – If there is a compromise between coach and athlete on good terms about leaving the team or sport, the 60-Day Rule may be waived with approval from the Athletic Director. (This usually occurs only when both parties feel it is best for the overall team not to play any longer because of unusual circumstances.)

Boling ISD Athletic Quit Form

I, _____, after careful consideration to my coaches and teammates, have decided to quit _____, which is the sport I am getting out. I have been given a 24 hour period to fully evaluate my decision. I understand that I cannot participate in practices or contests in any sport for 60 school days upon quitting. I understand that by quitting again, I will most likely forfeit any future participation in BISD athletics altogether. I can return to BISD athletics after a 60-Day school window and return date has been established.

Athlete Signature _____
Parent Signature _____
Head Coach Signature _____
Athletic Director Signature _____
Signed and Dated _____ - _____ - _____

This student / athlete is allowed to return to specific sport practices and contests on the following date:

_____ - _____ - _____

II. Student / Athlete Travel To and From Contest

- A. All athletes are required to travel to the destination of all athletic events with the coach or sponsors by the transportation means furnished by the School District.
- B. In order to help ensure the safety of athletes entrusted to our care, it is required of any athlete who will not be riding back to the school on the school provided transportation to have their parent/guardian personally sign out with the proper coach for that sport. In order to sign out with the coach, athletes must have a note on file signed by the parent/ guardian and school principle. Unless these steps are taken the student must ride home on the bus unless special circumstances do not allow them to ride home with the team.

Athletes, traveling as part of a team, will be expected to adhere to the following:

- 1) Arrive at a designated location prior to scheduled meeting or departure time. Failure to fulfill this obligation may result in athletes being excluded from the trip.
- 2) Assume responsibility for bringing appropriate equipment, if applicable.
- 3) Dress in a neat and appropriate manner that complies with all dress and grooming guidelines or as directed by the coach and Boling ISD.
- 4) Demonstrate appropriate behavior and good citizenship from the time of departure and the return to the campus.
- 5) Travel and return on the bus, unless prior consent, in writing, to request from the parent or guardian to release the athlete to their custody at the completion of the activity. ALL athletes must ride the bus to the event, and NO athlete will be released to anyone other than a parent or guardian at the conclusion of the activity.

III. Letter Jacket Awards

- A. To receive a varsity letter, an athlete must remain in the varsity program for the duration of the sport. An athletic letter includes the following sports: football, basketball, baseball, softball, track, volleyball, tennis, golf, cross country, manager, filmer, and power-lifting.
- B. According to UIL only one (1) jacket award may be received.
- C. In order to receive a letter, the following criteria must be met:

FOOTBALL/ VOLLEYBALL /BASKETBALL/BASEBALL/SOFTBALL

- 1. The student must participate in 95% of all workouts. All missed workouts must be made up.
- 2. The student must participate in all scheduled games.
- 3. The student must play in at least 50% of the scheduled game time and satisfy the coach that he/she is worthy of a letter.

TRACK AND FIELD

- 1. The student must participate in 95% of all workouts. All missed workouts must be made up.
- 2. The student must participate in all scheduled meets entered.
- 3. The student must either place in the district meet, total 10 points in all invitational meets or be recommended by the coach and athletic director.

TENNIS/GOLF/CROSS COUNTRY/ POWERLIFTING

1. The student must participate in 95% of all workouts. All missed workouts must be made up.
2. The student must participate in all scheduled events in which he/she is entered.
3. The student must be recommended by the coach and athletic director.
4. Must participate in 3 varsity meets and the District Meet.

ATHLETIC AWARDS

iv. CRITERIA FOR OUTSTANDING SENIOR BOY/GIRL ATHLETE AWARD:

Athletic Participation (at least 2 sports)
Athletic Achievement
Leadership Qualities
General Attitude
Classroom Participation
Character Standing

v. LANIER H. FORGASON BULLDOG FIGHTING HEART AWARD:

For senior female and male athlete who gives 100% of the time. Doing your best is more important than being the best.

vi. FINAL SAY ON ALL ISSUES WILL BE HANDLED BY THE ATHLETIC DIRECTOR, THE GIRLS COORDINATOR, AND THE PRINCIPAL.

IV. Physicals / Forms and Equipment Belonging to Boling ISD

- A. All athletes will be required to have a physical every year.
- B. All athletes need to fill out and return the following forms:
 1. UIL Acknowledgment of Rules
 2. Boling ISD Athletic Student-Parent Handbook
 3. UIL Physical Form
 4. UIL Steroid Agreement
 5. Sudden Cardiac Arrest Awareness Form
 6. Concussion Acknowledgement Form

* Students are not allowed to participate in **any** sport until these forms are complete and on file.

GRADE REPORTS

Boling ISD athletic department and coaching staff has the full right to dismiss any student from athletics altogether for failing 5 or more consecutive grading periods (3 week periods). That athlete, if dismissed, may request entry back into athletics the following semester only if that athlete is passing all of his or her classes at the time of the request.

COMMITMENT TO ATHLETICS

The above policy of the Boling Athletic Program was adopted in the best interest of you as a representative of our community and school. All possible situations can not be covered and some may arise. In those situations, the decision of the Athletic Director, Women's Coordinator, Principal, and Superintendent is final.

CHAIN OF COMMAND

The following is the chain of command when dealing with issues, problems, grievances, and other situations that may arise. This will help speed up the problem-solving process within the department:

	1st Contact	2nd Contact	3rd Contact	4th Contact
JH Girl Athletes	Team Coach	Girls Coor.	AD	JH Principal
JH Boy Athletes	Team Coach	JH Coor.	AD	JH Principal
HS Girl Athletes	Team Coach	Girls Coor.	AD	HS Principal
HS Boy Athletes	Team Coach	AD	HS Principal	

Student-Parent Athletic Contract Agreement



I agree to abide by the rules set for the Boling Athletic Program and I understand and accept the consequences of inappropriate action or behavior.

Athlete _____ Date _____

Parent/Guardian _____ Date _____